Trading Plan

System Name _____ **Date** _____

A trading plan is an essential part of a successful trading business. Please use this template as a quick reference for your specific trading plan. Remember, good trading is simply following your trading plan.

Description

System Type _____
(Such as trend following, support & resistance, volatility expansion)

Time Frame(s) _____
(Such as daily, 5-minute, 144 tick, 250 volume)

Trading Instruments _____
(Such as e-mini Russell 2000, GOOG, daily stock scan)

Position Sizing _____
(Such as fixed number of contracts/shares, percent of account)

Entry Conditions - *include trade triggers and filters*	**Exit Conditions** - *include* ***stop loss****, profit targets and money management*